

GETTING STARTED · AGES 3-8

15-Minute Home English Routine

ONE-PAGE CHEAT SHEET

- 1 Talk before you write**
Spoken English first for kids under 8 — writing builds on top of it, not the other way around.
- 2 5 min: read aloud together**
You read, they follow or repeat a line. Picture books beat "learning" books.
- 3 5 min: one new word, used 3x**
Pick a word from the book, use it in 3 sentences across the day, out loud.
- 4 5 min: free talk**
No correction, no worksheet. Let them narrate a game, a show, their day.
- 5 Don't correct mid-flow**
Correcting every mistake makes it feel like a test. Kids disengage from anything evaluated.
- 6 Mixing languages is normal**
Model the English word back gently instead of correcting the mix.
- 7 Consistency beats intensity**
15 calm minutes daily beats one dreaded hour weekly. Attach it to a slot that already exists.